

Cet your life back!

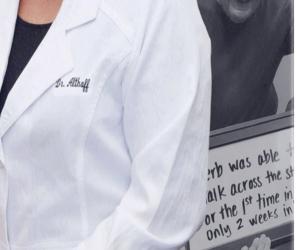
GET STARTED!



Dr. Zill Althoff

Contact Us:

970-686-6833 www.drjillalthoff.com



rom walker

90% improvement for

REVERSING NEUROPATHY

Get your life back!

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Life-Changing Solutions to Eliminate Neuropathy Pain Quickly and Naturally

Neuropathy can be a debilitating condition if left unchecked and can create pain and discomfort which limits your quality of life. If you feel like you've tried everything to treat your neuropathy, but still experience pain, there is hope.

At Althoff Wellness Clinic, we specialize in helping those that feel hopeless. We provide aid to the people that have battled neuropathy for years without relief. With our patients, we are getting real solutions and enabling many people to live pain-free. Our treatment protocols are personalized, natural, and non-invasive.

In a study of more than four thousand patients, 92% experienced pain reduction from initial symptoms of foot and leg pain. With those patients that reported impaired foot sensations, 97% of them reported an improvement after receiving treatment. These solutions really work and are changing the lives of people willing to take a change on them.

Before we dive into these 3 life-changing solutions to eliminate neuropathy pain, let's first define what neuropathy is, the 4 common types, and the frequent causes of peripherial neuropathy.



WHAT IS NEUROPATHY?

Neuropathy occurs when there is damage, dysfunction, or disease in one or more nerves. There are 4 main types of neuropathy which are often classified by the nerves affected or the underlying cause.

The nerve damage associated with neuropathy can result from several causes including diabetes, alcoholism, vitamin deficiencies, infections, or traumatic injuries.

4 COMMON TYPES OF NEUROPATHY

There are 4 types of neuropathy we will focus on peripheral neuropathy, cranial neuropathy, autonomic neuropathy, and focal neuropathy.

Peripheral Neuropathy: Peripheral neuropathy occurs when nerves associated with the peripheral nervous system are affected. These nerves are located outside of the brain and spinal cord.

With peripheral neuropathy, the condition often manifests as numbness, weakness, and pain in the extremities, especially the hands and feet.

- Peripheral Neuropathy: Your nervous system comprises two primary areas: your central nervous system (your brain and spinal cord) and your peripheral nervous system (all the remaining nerves throughout the body).
- Cranial Neuropathy Unlike the other types of neuropathy, cranial neuropathy affects the nerves in your brain, or more specifically, the nerves that branch out from your brainstem. These nerves control your ability to move, but they're also responsible for the proper function of your facial expressions and eyesight. Symptoms vary depending on the condition causing your cranial neuropathy. strange eye movement.
- Autonomic Neuropathy: Autonomic neuropathy occurs when there is damage to the nerves of the involuntary nervous system. These are the nerves responsible for controlling the heart and circulatory system. This type of neuropathy may manifest as increased blood pressure, nausea, vomiting, bowel or bladder control issues, sexual response dysfunctions, or increased sweating.
- **Focal Neuropathy**: Focal neuropathy is a type of neuropathy that occurs when only one specific nerve, group of nerves or area of the body is solely affected.

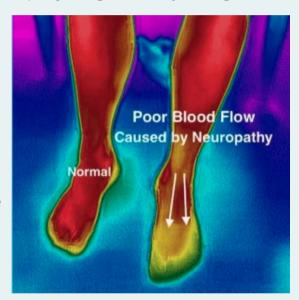
We Specialize In Peripheral Neuropathy

So, what are the life-changing solutions that treat peripheral neuropathy quickly, naturally, and effectively? Our treatment protocols are personalized to the patient's needs. We begin with a **Neuropathy Severity Screening** to determine if your case is one that can be reversed or if you have waited too long with permanent damage.

If your screening shows that you are a good candidate for our Neuropathy Reversal Program, we focus on natural and non-invasive solutions because we understand the dangers and complications that too frequently accompany drugs and major surgeries.

Whenever possible, we advocate for non-surgical solutions that address the underlying causes of neuropathy because the risks of surgery are severe. We focus on improving blood flow to the effective area so that the nerves are getting nourished and can heal.

With our treatments, we aim to achieve specific outcomes that include removing joint interference that may be adding to the nerve pain, improving joint function, restoring joint mobility, increasing tissue healing, increasing blood flow, and improving balance.



As we take a holistic and integrated approach to treatment, we also include nutritional protocols along with educational and motivational elements. This all-encompassing approach allows us to create effective and long-lasting solutions. Home-based and specialized protocols like Red Light Therapy (LLLT) or Rebuilder Therapy may also be implemented for the purpose of nerve re-education.

Beyond our professional work, there are a variety of natural treatments that anyone can administer from home to decrease neuropathy symptoms. Some of these home-based solutions include taking vitamins, using cayenne pepper, exercising, meditation, acupuncture, or essential oils. Ultimately, it's best to focus on prevention when possible. Preventative measures like keeping your blood sugars at normal levels, quitting smoking, abstaining from alcohol, exercising regularly, and maintaining a healthy weight all help to prevent the development or advancement of neuropathy.



In this comprehensive guide, we delve into the remarkable world of natural treatments as a solution for healing neuropathy. Drawing on the expertise of holistic professionals and the latest scientific research, we uncover the breakthrough secrets that make natural health care an effective and alternative pathway to recovery.

Natural health care focuses on the relationship between your diet, exercise, stress on your nervous system, and your overall well-being. By employing non-invasive techniques, such as proper diet, laser therapies, spinal adjustments, mobilizations, and therapeutic exercises, natural health doctors aim to restore proper alignment and function to the spine, alleviating nerve pressure and optimizing nerve communication throughout the body.

Through a multidimensional approach, a safe, natural holistic practice not only addresses the symptoms of neuropathy but also explores the root causes, such as spinal misalignments, compressed nerves, or impaired circulation. By restoring balance and function to the body, natural care offers the potential for remarkable improvements in neuropathy symptoms and enhanced overall well-being.

Within this guide, we unveil the latest scientific research that supports the efficacy of natural care for neuropathy patients. We explore real-life success stories, providing testimonials from individuals who have experienced significant relief and restored nerve function through holistic interventions.



Reigniting healing and new blood vessel growth

Did you know that nerve tissue can only survive for 4-6 minutes without oxygen before it dies?



Oxygen: Every cell in our body needs oxygen to survive and function optimally. Oxygen is crucial for the production of ATP, the primary energy currency of cells. Brain and nerve cells are particularly sensitive to decreases in oxygen levels.

Angiogenesis: This is the process through which new blood vessels form from pre-existing vessels. It's crucial for wound healing, growth, and development. In certain conditions, enhancing angiogenesis can improve blood flow to areas with diminished blood supply, such as in peripheral artery disease.

Oxygen and angiogenesis have a role in neuropathy, particularly in the context of diabetic neuropathy. Poor blood flow and reduced oxygen supply to nerves can contribute to nerve damage.

Conversely, improving blood flow and oxygen supply help support nerve health and function.

There's evidence to suggest that promoting angiogenesis can improve blood flow to nerves and potentially slow or reverse some forms of neuropathy. Our natural care plans focus on the relationship between oxygen and angiogenesis.

Neuropathy patients have the need for healing and new blood vessel growth



Acute inflammation vs. Chronic inflammation

Did you know that while acute inflammation is a normal and essential part of the body's immune response to injury or infection, chronic inflammation can have long-term detrimental effects on health?

Inflammation is a crucial part of the body's defense mechanisms. It's the body's natural response to injury, pathogens, and harmful stimuli. Let's break down the distinction between acute and chronic inflammation and then discuss the implications for neuropathy:

Chronic Inflammation: When inflammation persists and becomes long-term, it can be harmful.

?

Chronic inflammation might occur even when there's no apparent injury, and it can be related to various conditions, including autoimmune disorders, chronic infections, and lifestyle factors (e.g., diet, stress, smoking). Over time, chronic inflammation can damage tissues and organs and is linked to many chronic diseases like heart disease, diabetes, and cancer.

Neuropathy and Inflammation: Certain types of neuropathy, like those related to autoimmune diseases or infections, can be directly related to inflammation. Even in conditions like diabetic neuropathy, inflammation plays a role in nerve damage. High blood sugar can lead to an inflammatory response, which contributes to nerve injury.

TOP INFLAMMATORY TRIGGERS

- Prolonged Stress
- Pathogens
- Processed Foods
- Sugar
- Low Diet In Anti-Inflammatory Foods
- Chemicals
- Heavy Metals
- Chronic Dehydration

Strategies to Reduce Inflammation and Potentially Reverse Neuropathy:

Dietary Choices: A diet rich in anti-inflammatory foods can help reduce inflammation. This includes foods high in omega-3 fatty acids (like fish), antioxidants (like berries, nuts, and green vegetables), and spices (like turmeric and ginger).

Exercise: Regular physical activity can help reduce inflammation. It's essential to choose activities that are appropriate for your level of fitness and health status.

Stress Reduction: Chronic stress can exacerbate inflammation. Methods like meditation, deep breathing exercises, and yoga can help manage and reduce stress.

Limit Alcohol and Tobacco: Both can increase inflammation. Limiting or avoiding them can benefit inflammatory regulation.



Supplements: Some supplements, like fish oil (omega-3s), curcumin (from turmeric), and alpha-lipoic acid, have anti-inflammatory properties and have been researched for their potential benefits in neuropathy.

Manage Underlying Conditions: Diseases like diabetes or rheumatoid arthritis can contribute to both inflammation and neuropathy. Proper management of these conditions can reduce inflammation and its adverse effects.

Physical Therapy: physical therapy can help improve function, reduce pain, and improve quality of life.

Chronic Dehydration: Avoid Chronic dehydration. Drink eight 8-ounce glasses of water a day," often referred to as the "8x8 rule," which totals about 2 liters or half a gallon. However, this is more of a guideline than a strict rule.



REMOVE > RESTORE > RETAIN

- Detox
- Lifestyle Changes
- Anti-Inflammatory Diet
- Hydration
- Light Therapy

REMOVE:

To reverse neuropathy, it's crucial first to identify and remove any harmful influences that may be contributing to nerve damage.

RESTORE:

Once harmful influences are minimized or eliminated, the next step is to provide the body with the resources it needs to heal.

RETAIN:

Lastly, it's essential to maintain a healthy environment in the body to prevent neuropathy from returning or progressing.

Detox: The idea behind detoxification is to eliminate toxins from the body. While our bodies have natural detoxification systems, some believe that certain foods, drinks, or detox regimens can enhance this process.

Hydration: Proper hydration supports all bodily functions, including nerve function. Drinking enough water can ensure that cells function correctly and metabolic waste products are efficiently removed.

Light Therapy: Studies have shown that light therapy (or photobiomodulation) using red or near-infrared light can support nerve healing and reduce symptoms of neuropathy. The light can potentially stimulate cellular energy production and promote healing, though more research is needed in this area.



Central and Peripheral Nervous System

Did you know that the central nervous system and the peripheral nervous system work together to facilitate communication and coordination within the body?



To promote healing in both the central and peripheral nervous systems, various strategies can be employed, although the effectiveness of each can vary based on the individual and the underlying cause of neuropathy.

I'm so excited to share with you our proven approach to reverse neuropathy:

R.E.P.A.I.R. NEUROPATHY SYSTEM

- **R Root Cause Discovery**
- **E Eliminate Contributing Factors**
- P Pain Relief
- A Activate Healing
- I Improve Lifestyle
- R Retain Results

Don't Just Take Our Word - Listen To Our Patient's Experience with The R.E.P.A.I.R. Neuropathy System

"Before discovering Althoff Wellness Center REPAIR. neuropathy system, my life was dominated by the constant discomfort of neuropathy. Traditional medications only masked my symptoms, never really addressing the root cause. Upgrading to the VIP Experience of Dr. Althooff changed my life.

Attending the Reversing Neuropathy Workshop was a life-changing decision. I not only managed to identify my primary inflammatory driver but also started nurturing nerve growth. The VIP Fast Pain Away treatment was a revelation, peeling away years of chronic pain and finally granting me a good night's sleep. Incorporating the bonus 25 Anti-Inflammatory Recipes into my meals brought noticeable improvements in my energy levels and overall health. Today, I am thriving, I can't recommend Dr. Althoff's workshop enough. It isn't just a treatment; it's a path to a better, healthier life." Connie -Neuropathy patient.









THE ALTHOFF WELLNESS CLINIC'S MISSION

At Althoff Wellness Clinic, we have helped thousands of patients from all over the world throughout years of practicing. We treat every patient like family and have earned a reputation as the gold standard in our industry, with an 84% success of patient care.

With an expansive team of natural health experts, we provide a comprehensive approach that integrates all of these disciplines to get real results.

Our world-renowned exam and "R.E.P.A.I.R." NEUROPATHY SYSTEMS lead our patients to reduced pain in record time. We don't rest until you experience relief from your neuropathy pain without surgery. Give yourself permission to live a pain-free life and schedule an exam with one of our top-rated experts today.

TO RESERVE YOUR SEAT AT OUR NEXT WORKSHOP

TEXT "NERVE"

TO (970) 500-2587

www.drjillalthoff.com